

# Cattlemens Clatter

Alberta Cattlemens Team Penning and Sorting Association

March  
2007



\*\*\* **Happy Easter** \*\*\*



Welcome to Gladys Wacowich, our new SHOW SECRETARY/TREASURER. Gladys comes to us with an extensive background in cattle and horses, however is not a penner. She looks forward to working with us. Please have patience with her as she learns her position.

Ph: (780) 942-4168 Fx: (780) 942-4319

## Show Date Changes

April 28 Grande Prairie - Sorting

May 12 -13 - Get A Long Ranch - Penning

May 26 - 27 - Valleyview - Penning

June 30 - July 1 - Ft. St. John - Penning

**Changed - July 28 - 29 - Get A Long Ranch - Penning (both days are now penning)**

**Changed - Aug 18 - Get A Long Ranch - Penning**

**Aug 19 - Get A Long Ranch - Sorting**

**Sept 1 -2 - Get A Long Ranch - Finals**

ALL PENNING shows are CTCPA sanctioned

**SHOWS BEGIN AT 10:00 am unless otherwise notified.**

**ENTRY DEADLINE** is the Monday prior to show date.

Fax **ENTRIES** to Gladys Wacowich (780) 942-4319.

Penner **MUST** attend 6 penning shows to qualify for the Alberta Cattlemen's finals. (*sorting shows do not count toward the penning finals*) Also you will need to attend 60% of the sortings to qualify for the sorting class at the Alberta Cattlemen's finals..

Open \$41/rider Ten \$31/rider Seven \$31/rider Five \$31/rider SR Youth \$20/rider JR Youth \$10/rider

Sorting Shows - \$31/rider

Sorting after penning shows will be held time and cattle conditions permitting - \$25/rider

The Grande Prairie 3 Man Sorting Show (April 28) will be held at Evergreen Park - Show starts at 11:00 am

Entry deadline is Monday April 23 (3 teams/rider per class) to (780) 942-4319

Classes - Open, Pro Am/Novice, Novice

Contact Marvin Barbour for stalls - (780)568-2870 Stall Fee \$25.00

There is absolutely **NO DRINKING** in the arena.





## CASINO - CASINO - CASINO

Century Casino on the Fort Road in Edmonton

May 31 and June 1, 2007

10:15 am to 6:00 pm or 6:00 pm to 3:00 am or 9:30 pm to 3:00 am



**We NEED EVERYONE'S HELP** to make this fun raiser successful !

Contact Donna Arthur - Evenings 786-2967

Please call with the time, day and position that you would like to volunteer for.

*(picture ID is required )*

### How Horse-Assisted Therapy Works

HORSES TEACH US TO CONNECT WITH WHAT'S REALLY GOING on inside of us, by reacting to subconscious messages that we're giving them. This is a powerful tool in helping to find out what our issues really are, says therapist Sara Willerson.

"People always say that horses know you're afraid," she says. "They also know if you're happy or frustrated or sad or mad. If you walk up to a pasture, they're looking at you, and they felt you, because you've entered into their energetic field of awareness. As a prey animal, they have to know what's coming into their field because that keeps them safe." Here are some of the key issues that horses can help us with:

#### Identify Behavior Patterns

HORSES CAN REVEAL BEHAVIOR PATTERNS IN HOW WE CONDUCT ourselves in our family relationships, love relationships, work relationships and friendships.

"From the minute we see (horses), we want to walk up to them, touch them; we want to be close to them," says Sara. "But, like people, each horse is different and has its own personality and needs to be approached differently. So if we pay attention to the body language and what they're saying to us, we can keep that lesson in mind when we deal with people."

#### Improve Relationship

'MANY PEOPLE ARE DRAWN TO HORSES WITH THE MOST personality, or attraction is based on physical appearance - they'll often choose 'Magno,' the most handsome horse of my heard," says Sara.

We often idealize who we think is right for us - in horse and human relationships - without first taking the time to get to know them, she says. This selection process is an unconscious pattern.

"If you can become aware of what's going on, then you can look at why you have that pattern," says Sara. "What function does it serve in your life, and is that a healthy function? Does it still work for you?"

#### Work Through Emotional Blocks

UNRESOLVED EMOTIONAL ISSUES OFTEN SURFACE WHEN WE work with horses, too.

"To the horse, if something is going on on the inside - an emotion that we're not being honest with - that's not being acknowledged on the outside, that's read as a threat. They may run away from us, they may tense up, they may put their head in the air, they may push us away," says Sara. "If you just say, 'OK, I feel happy, sad, frustrated,' or whatever, the horse will drop his head and relax. They're not judgmental, and they don't hold grudges."

*Source: American's Horse March 07*

Information is also posted on our website at  
[www.altacattlepenning.com](http://www.altacattlepenning.com)

To have something put in the **Cattlemens Clatter**,  
contact Cheryl Connolly at  
[sollie\\_penning@hotmail.com](mailto:sollie_penning@hotmail.com)  
or Jane McCarthy - 942-3771